



Good Stewardship - Self Assessment



Below are some questions to help you identify areas where you can become a better steward of God's creation. These questions can be used individually or in community. Try doing the assessment now and again in a month and see what progress you make!

Part I—My Habits

True False

1. Do I use reusable cloth bags when I go grocery shopping?
2. Do I use a filter and reuse one bottle for water instead of buying bottled water?
3. Do I bring coffee or tea to work in a thermos instead of using Styrofoam cups?
4. Do I use Energy Star qualified appliances?
5. Do I do laundry only when I have a full load?
6. Do I use energy efficient light bulbs?
7. Do I use environmentally friendly household cleaners?
8. Do I carpool or use public transportation to get to work?
9. If I have a dishwasher, do I use the heated dry feature?
10. If I have a dishwasher, do I run it when it is not full of dishes?
11. Do I have any leaky pipes or faucets?
12. Do I regularly have to throw food away because it is expired?
13. Do I leave lights or electronic devices (such as the TV or a computer) on when I am not using them?

Part II—Recycling

14. I recycle: Circle all that apply

Paper, phonebooks, newspapers, magazines, junk mail, aluminum cans, aluminum foil, steel cans (for soups, canned vegetables), milk/juice cartons, milk/juice gallons, clear glass, brown glass, green glass,

15. I also recycle: Circle all that apply*

Televisions, printers, cell phones, computers, light bulbs, batteries

16. Do I donate clothes, shoes and other items that I no longer use but which are still in good condition? (Don't forget this one when you are moving!)



Part III—My Awareness

17. How many plastic bottles do people in the United States throw out each year?
A. 1 billion B. 38 billion C. 50 billion D. 76 billion
18. How long does it take for a plastic bottle to begin to decompose in a landfill?
A. 100 years B. 500 years C. 700 years D. 900 years
19. Every year, about how many trees are cut down to provide raw materials for American paper and pulp mills?
A. 900,000,000 B. 9,000,000 C. 90,000,000 D. 9,000,000,000
20. Approximately what percentage of aluminum cans are currently recycled in the United States?
A. 25% B. 75% C. 33% D. 50%

My Plan to Become a Better Steward of God's Creation

Based on my self-assessment, what habits can I change to reflect a greater respect for what God has created?

- 1.
- 2.
- 3.

* Note, these items cannot be placed in your recycling bins. They require special recycling processes.

Scoring: Give yourself 1 point for every "true" answer in questions 1-8, 1 point for every "false" answer in questions 9-13, 1 point for every circled item in 14, 2 points for every circled item in 15, 3 points if 16 is true, 1 point for each correct answer 17-20. Total Possible Points: 45.

Answer Key: 17B, 18C, 19A, 20D



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